

Australian Red Cross Youth in Emergencies Development Program





Through genuine co-design with young people from across South Australia we've designed a program to teach you all you need to know about the natural hazards we face due to our changing climate.

We'll show you how to prepare for them, be leaders in your communities, have a say in decisions that impact you, and the varied ways diverse communities are impacted by emergencies and disasters.

While learning all this, you'll be working towards The Duke of Edinburgh International Bronze Award.

What's in it for me?

- Gain an International Award
- Develop important life skills
- Accelerate your job opportunities
- Count it towards your school electives
- Get help to access higher education
- Meet new people

You can use your Duke of Ed Award to count towards your school electives, get a job or go onto higher education after school.

This is how it works

The Duke of Ed gives you the chance to express your passions and get yourself ready and energised for the world through a variety of exciting and challenging experiences like adventure, sports, and volunteering to help worthy causes that really mean something to you. So, get yourself #WORLDREADY and join us!

Your time commitment



Skill – 1 hour per week/2 hours per fortnight or 4 hours per month

Learn about all things natural hazard and disaster. Understand the way emergencies impact people and communities differently and what you can do to alleviate the impacts.

Gain the skills you need to be an active participant in youth advisory groups and how to demonstrate leadership in your communities.

This learning will take place in a variety of formats; self-paced book work and online modules, local face to face workshops, and group online workshops.



Voluntary Service – 1 hour per week or 2 hours per fortnight

Give back to your community and make a difference.

You'll be asked to implement your learning from the skills workshops by creating a community preparedness or resilience building project.

You decide on your community, it could be your footy club, your classroom, your street or suburb – it's up to you.



Physical Recreation – 1 hour per week

Have fun, get active and improve your health and wellbeing. This could be a sport or activity you are already engaged in, or you could simply decide to go for a walk for 1 hour each week.



Adventurous Journey – Overnight camp

Explore and get out of your comfort zone with your mates. This will be a weekend at Woodhouse activity centre. You'll tackle some physical and mental challenges, showcase your community projects to leaders from the emergency management sector and above all – have fun!

Frequently asked questions

Who can participate? Students currently enrolled in years 9 – 12 living in South Australia. With The Duke of Ed, it doesn't matter where you are located, or how you describe your background or circumstances – this is an Award for everyone interested in learning about emergencies and disasters.

At Australian Red Cross, we've designed the program for you. The Duke of Ed isn't a competition or about being first, but instead, it's about helping you to step outside your comfort zone and set new personal challenges, so you finish up feeling rewarded, accomplished and #WORLDREADY

What's involved? You can start your Duke of Ed by doing the Bronze Award, and we encourage you to continue the challenge by completing your Silver and Gold Award. The Youth in Emergencies Development Program has been designed as a Bronze Award to help get you started. There is no obligation to continue to Silver and Gold.

Did you know Employers recognise The Duke of Ed? That's right! Employers recognise that young people who have achieved their Duke of Ed demonstrate initiative and core skills helping you stand out from the crowd!

How much does it cost? The full cost of the program is \$189, for the Youth in Emergencies Development Program Australian Red Cross are covering 50% of this fee, which means you'll only have to pay \$94.50. However, full funding is available for individuals to participate in the program who require financial assistance, please don't hesitate to get in touch if you'd need a fully funded scholarship.

So, what now?

Fill out an application form to apply by the 22nd of March, and we'll be in touch by the 5th of April. Apply here!



redcross.org.au/act/duke-of-edinburgh

Overview of the program during 2024

April 2024

August 2024

November 2024

Skills

Through online, face to face, self-paced and experiential learning participants complete the lessons of the program. The lessons include content around emergency management, leadership, community development, roles young people can take on, preparedness and resilience, mental health, and other skills required to be active members of

Voluntary Service

Participants identify the community of their choice and implement their learning via a resilience or preparedness building project. Participants will be linked with mentors to support them through this project.

Complete your volunteering over 3 consecutive months, anytime between May–Oct.

Physical Recreation

Participants commit to 1 hour of sport or other physical activity per week (this can be an activity you're already engaged in)

Track your physical recreation over 3 consecutive months, anytime between May–Oct.

Adventurous Journey and Showcase

Participants complete adventurous challenges over 2 days. Participants present and showcase their learning and community projects to key decision makers from across government and the emergency management sector.

2 days and 1 night

Here is what you will learn from the program

Emergency Management Basics

Understand how hazards can lead to disaster, the roles and responsibilities during emergencies, and the role of communities and government.

How communities are impacted differently in emergencies and disasters

Understand how emergencies impact people differently and how you can work and interact with a diverse range of people before, during and after disasters. Build awareness of challenging stereotypes in an emergency-setting and ways you can help.

Building Resilience and Preparedness

Understand how to plan for an emergency, what to do in an emergency and how you can look after yourself and others during stressful times.

Technical skills

Become familiar with reading maps, setting up a radio, using a compass along with additional emergency devices.

Leadership skills

Grow leadership skills through practicing public speaking, communication, negotiation and time management. Develop confidence through learning advocacy skills to effectively talk to Members of Parliament and other key decision-makers.



Important information

- Open to any young person living in South Australia in years 9 to 12.
- The program will be delivered across the State through face-to-face workshops, online, self-paced and hybrid formats.
- Applications close 22 March 2024.

Apply here



redcross.org.au/act/duke-of-edinburgh

Need more information

Contact us at youth_in_emergencies@redcross.org.au

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